1. One Apple - 62 calories
2. Two Stalks of Celery - 13 calories
3. 1/2 Cucumber - 20 calories
4. One Tomato - 25 calories
5. One Carrot - 30 calories
6. One Apple - 62 calories
7. Two Marshmallows - 46 calories
8. One 12 oz Soft Drink - 140 calories
9. One Large Bar of Chocolate - 571 calories
10. Big Mac Hamburger - 563 calories
11. French Fries - 378 calories
12. One Cup of Homemade Granola - 538 calories
13. 3 Slices of Bacon - 538 calories
14. One Doughnut - 408 calories

1. 22
2. 43
3. 24
4. 63
5. 65
6. 45
7. 35
8. 20
9. 50

To find the average add all the numbers and then divide by 9. 40.7 AVERAGE pages read daily.

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